






July 2019

Sam Corey Senior Center Schedule

Address: 2108 Cedar St.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Exercise 10:30-11:30am Crochet 1-3pm Bridge 1-4pm</p> <p>Music Jam 6:30-9:00pm</p>	<p>2</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Crafting 11:00am-3:00pm</p> <p>Exercise 1-2pm</p>	<p>3</p> <p>Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back)</p> <p>Birthday Recognition McClaren Nurses Blood Pressure Check</p>	<p>4</p> <p>CENTER CLOSED 4TH OF JULY HOLIDAY</p> 	<p>5</p> <p>CENTER CLOSED 4TH OF JULY HOLIDAY</p>	<p>6</p> <p>Quilters/Needlwork 10:00am</p> 
<p>8</p> <p>Exercise 10:30-11:30am Crochet 1-3pm Bridge 1-4pm</p>	<p>9</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Board Meeting 10:00am</p> <p>Exercise 1-2pm Book Reading Club 2-4pm</p>	<p>10</p> <p>Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back)</p> <p>Bingo</p>	<p>11</p> <p>Yoga 10:00am Crochet 10am-12pm</p> <p>Exercise 1-2pm Euchre/games 1-4pm</p>	<p>12</p> <p>Exercise 10:30-11:00am Knitting Group 11am-1pm</p> <p>Friday Flick 1:00pm "Johnny English" Kiwanis Euchre 6:30pm</p>	<p>13</p> <p>Coffee Hour 10:00am</p> 
<p>15</p> <p>Exercise 10:30-11:30am Crochet 1-3pm Bridge 1-4pm</p> <p>Music Jam 6:30-9:00pm</p>	<p>16</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Grocery Bingo-10:00am</p> <p>Exercise 1-2pm Bingo 2:00-3:30pm</p>	<p>17</p> <p>Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back)</p>	<p>18</p> <p>Yoga 10:00am Crochet 10am-12pm Exercise 1-2pm Euchre/games 1-4pm</p>	<p>19</p> <p>Exercise 10:30-11:30am Knitting Group 11am-1pm Potluck 12:00pm Main Dish: Chicken Salad Sandwich</p>	<p>20</p>
<p>22</p> <p>Exercise 10:30-11:30am Crochet 1-3pm Bridge 1:00-4:00pm</p>	<p>23</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Exercise 1-2pm</p> <p>Senior Center 10th Anniversary Party 1:30-3:00pm</p>	<p>24</p> <p>Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back)</p>	<p>25</p> <p>Yoga 10:00am Crochet 10am-12pm Exercise 1-2pm Euchre/games 1-4pm</p>	<p>26</p> <p>Exercise 10:30-11:30am Knitting Group 11am-1pm 5 Crown - 12:30pm</p>	<p>27</p>
<p>29</p> <p>Exercise 10:30-11:30 Crochet 1-3pm Bridge 1-4pm</p>	<p>30</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Exercise 1-2pm</p> <p>Book Discussion 12-2:30pm Genealogy Ment. 1-3pm</p>	<p>31</p> <p>Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back)</p> <p>TCOA Program - Marketing</p>			

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TRI COUNTY OFFICE ON AGING PROGRAMS

TCOA Lunch – Every Wednesday at 12:00 noon. Reservation and/or cancellations are necessary. Please call Addie at 694-0036 by noon on Tuesday prior to the luncheon. If you get the answering machine, please leave a message. Suggested TCOA meal donation \$3.50. A donation for table supplies and beverages is also appreciated.

Menu for the month:

- 7/3/19 – Hamburg on Bun, Potato Salad, Baked Beans, Coleslaw, Pear, Skim Milk. **BirthDay Recognition. McLaren Nurses. Blood Pressure Check.**
- 7/10/19 – Honey Glazed Ham, Sweet Potatoes, Green Beans, Roll, Applesauce, Skim Milk. **Bingo**
- 7/17/19 – Baked Chicken, Mashed Potatoes, Broccoli, Roll, Mixed Fruit, Skim Milk.
- 7/24/19 – Stuffed Green Peppers, Baked Potato, Wax Beans, Bread, Mandarin Oranges, Skim Milk.
- 7/31/19- Beef Stew, Green Beans, Biscuit, Pear, Skim Milk.

Other TCOA Programs

Enhanced Fitness – Monday-Wednesday-Friday class: 10:30-11:30 a.m., Tuesday-Thursday 1:00-2:00 p.m. Free. Donations to TCOA are always appreciated

Blood pressure checks - 1st Wednesday of the month at 1:00 p.m..

CLUB PROGRAMS

Club membership dues are \$12.00 a year

Bridge - Held every **Monday** from 1:00-4:00 p.m. Contact: Rod Simonson 517-889-2107.

Music Jam – 1st and 3rd **Monday**, 6:30 to 9:00 p.m. Snacks appreciated. Contact: Addie Mutch, 694-0036.

Bingo – Third **Tuesday** of the month, 2:00-3:30 p.m. Four cards for \$1.00. Money collected is distributed as prizes. Contact: Mary Dunn, 694-1158 or Addie Mutch, 694-0036.

76ers Book Discussion Group – Last **Tuesday** of the month, 12:00-2:30 p.m. All kinds of literature is read and discussed including classics, biographies and popular titles. Contact: Tonya Green.

Reading Club – 2nd **Tuesday** from 2:00-4:00p.m. Contact: Tonya Green.

Wii Bowling – Every **Tuesday** from 10:00-12:00 noon. Drop in. Contact: Maxine Rose.

Board Meeting – 2nd **Tuesday** of every month at 10:00 a.m.

Genealogy Mentoring, last Tuesday of each month, 1:00-3:00 p.m. Contact: Maxine Rose

Yoga – Every **Thursday** at 10:00 a.m. Contact: Rosemarie Bell, 882-4885.

Euchre/Games Afternoon – Every **Thursday** from 1:00-4:00 p.m. Up to 12 Euchre tables and 2 Rummikub tables. Snacks are always appreciated. Contacts: Donna Cortright, and Maxine Rose.

Ingham County Genealogical Society – 2nd **Thursday** at 7:00 p.m. Do not meet in January, June or July. Contact: Audrey Martini, 719-4737.

Crochet- Meets every **Monday** from 1:00-3:00 and every **Thursday** from 10:00a – 12:00pm - Naomi Brown.

Friday Flicks – 2nd **Friday** at 1:00 p.m. Free popcorn. All types of movies - new, oldies, western, historical. Movie suggestions welcomed. Contact: Sandi Vestrand, 694-6912 after 10:00 a.m.

Monthly Club Membership Meeting/Potluck – 3rd **Friday** of the month at 12 noon. Bring a dish to pass and table service. Contact: Addie Mutch, 694-0036.

Knitting Group – Meets every **Friday** 11:00a.m.-1:00 p.m. Contact: Helen Griffiths, 694-3754.

Kiwanis Club Euchre – 2nd **Friday** at 6:30 p.m. Contact: Karla Janing, 290-7201 or Ron Venner, 281-9358

5 Crowns Card Game – Meets 1st and 4th Fridays at 12:30pm,

Quilters/Needlework – 1st **Saturday** of the month. 10:00-3:00 p.m. Contact: Lois Feguer.

Coffee Hour – 2nd **Saturday** at 10:00 a.m. Come and enjoy a cup of coffee and some friendly conversation with fellow seniors. Club contact: Addie Mutch, 694-0036.

Weavers Study Group – 3rd **Saturday** of the month at 10:00 a.m. Contact: Helen Griffiths, 694-3754.

Crafting – 1st Tuesday of the month from 11:00am-3:00pm. Contact Lois Feguer.