




January, 2018

Sam Corey Senior Center Schedule

Address: 2108 Cedar St.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>CENTER CLOSED</p> <p>HAPPY NEW YEAR!!</p> 	<p>2</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Exercise 1-2pm</p> <p>Euchre 1-4pm</p>	<p>3</p> <p>Exercise 9:15-10:15am</p> <p>Exercise 10:30-11:30am</p> <p>TCOA Lunch 12:00pm (menu on back)</p> <p>Birthday Recognition</p> <p>McClaren Nurses 1pm</p> <p>Blood Pressure Check</p>	<p>4</p> <p>Yoga 10:00am</p> <p>Exercise 1-2pm</p> <p>Euchre/games 1-4pm</p>	<p>5</p> <p>Exercise 10:30-11:30am</p> <p>Knitting Group 11am-1pm</p>	<p>6</p> <p>Quilters&Needle Group 10:00am-3:00pm</p> 
<p>8</p> <p>Exercise 10:30-11:30am</p> <p>Bridge 1-4pm</p>	<p>9</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Board Meeting 10:00am</p> <p>Exercise 1-2pm</p> <p>Euchre 1-4pm</p> <p>Reading Club 2-4pm</p>	<p>10</p> <p>Exercise 9:15-10:15am</p> <p>Exercise 10:30-11:30am</p> <p>TCOA Lunch 12:00pm (menu on back)</p> <p>Bingo</p>	<p>11</p> <p>Yoga 10:00am</p> <p>Exercise 1-2pm</p> <p>Euchre/games 1-4pm</p> <p>Ingham County Genealogy Society 7pm</p>	<p>12</p> <p>Exercise 10:30-11:00am</p> <p>Knitting Group 11am-1pm</p> <p>Friday Flick 1:00PM "The Wedding Date"</p> <p>Kiwanis Club 6:30pm</p>	<p>13</p> <p>Coffee Hour 10:00am</p> 
<p>15</p> <p>CENTER CLOSED</p> <p>MARTIN LUTHER KING JR. DAY</p>	<p>16</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Exercise 1-2pm</p> <p>Bingo 2:00-3:30pm</p>	<p>17</p> <p>Exercise 9:15-10:15am</p> <p>Exercise 10:30-11:30am</p> <p>TCOA Lunch 12:00pm (menu on back)</p>	<p>18</p> <p>Yoga 10:00am</p> <p>Exercise 1-2pm</p> <p>Euchre/games 1-4pm</p>	<p>19</p> <p>Exercise 10:30-11:30am</p> <p>Potluck Lunch 12:00pm</p> <p>Membership Meeting</p>	<p>20</p> <p>Weavers Study Group 10:00am</p>
<p>22</p> <p>Exercise 10:30-11:30am</p> <p>Bridge 1-4pm</p>	<p>23</p> <p>Wii Bowling 10:00-12:00pm</p> <p>"The Price is Right" game 10:00am</p> <p>Exercise 1-2pm</p>	<p>24</p> <p>Exercise 9:15-10:15am</p> <p>Exercise 10:30-11:30am</p> <p>TCOA Lunch 12:00pm (menu on back)</p>	<p>25</p> <p>Yoga 10:00am</p> <p>Exercise 1-2pm</p> <p>Euchre/games 1-4pm</p>	<p>26</p> <p>Exercise 10:30-11:30am</p> <p>Knitting Group 11am-1pm</p>	<p>27</p>
<p>29</p> <p>Exercise 10:30-11:30am</p> <p>Bridge 1-4pm</p>	<p>30</p> <p>Wii Bowling 10:00-12:00pm</p> <p>Exercise 1-2pm</p> <p>Genealogy Mentoring 1-3pm</p> <p>Book Discussion Group 12:00-2:30pm</p>	<p>31</p> <p>Exercise 9:15-10:15am</p> <p>Exercise 10:30-11:30am</p> <p>TCOA Lunch 12:00pm (menu on back)</p>	<p>Program information on back. For more information contact the Sam Corey Senior Center at 268-0096 or Delhi Parks & Recreation at 694-1549. Center hours are Monday-Friday 9:00am-4:00pm during regularly scheduled programs.</p>		

Program Information

Tri-County Office of Aging Lunch (TCOA) – Every Wednesday at 12:00 p.m. \$3.00 donation. **Reservation needed, call Addie Mutch at 694-0036 by noon on Tuesday prior to the lunch you wish to attend. If you get the answering machine, please leave a message.** Programs follow most lunches.

- 01/03/18 Vegetable Lasagna, Broccoli, Carrots, Wheat Bread, Banana, Skim Milk. **Birthday Recognition. McClaren Nurses 1:00 p.m. Blood Pressure Check.**
- 01/10/18 Baked Chicken, Mashed Potatoes, Green Beans, Texas Toast, Mandarin Oranges Skim Milk. **Bingo**
- 01/17/18 Savory Turkey, Mashed Potatoes, Peas, Wheat Bread, Strawberry Applesauce, Skim Milk.
- 01/24/18 Macaroni and Cheese, Green Beans, Stewed Tomatoes, Dinner Roll, Applesauce, Skim Milk.
- 01/31/18 Stuffed Green Peppers, Baked Potato, Wax Beans, Wheat Bread, Strawberry Applesauce, Skim Milk.

Exercise Class-Enhance Fitness – Monday, Wednesday, Friday from 10:30-11:30 a.m. and Wednesdays from 9:15-10:15 and Tuesday, Thursday from 1-2 p.m. Free (donations welcome)

Music Jam Session – No music jam until March, 2018.

Bridge – Held every Monday from 1:00-4:00 p.m. Free. Please bring your own cards.

Potluck Luncheon – Third Friday of the month at 12:00 noon. Bring your own table service. Coffee provided.

Bingo – Third Tuesday of the month from 2:00-3:30p.m. Four cards for \$1.00. Money collected will be distributed as prizes.

Euchre & Games – Thursdays from 1:00-4:00 p.m. Euchre and Rummy / Kube during the afternoon. Free. Euchre group also meets the first two Tuesdays of each month 1-4pm.

Friday Flicks – 2nd Friday of the month starting at 1:00 p.m. Join us for a movie on our large screen projector, while enjoying fresh popcorn. Cost: Free (donations welcome)

Coffee Hour – 2nd Saturday of every month at 10:00 a.m. Please come and enjoy a cup of coffee and some friendly conversation with fellow seniors.

Reading Club – 2nd Tuesday of the month. 2:00-4:00p.m.

76ers Book Discussion Group – Last Tuesday of the month 12:00-2:30 p.m. All kinds of literature is read and discussed including classics, biographies & popular titles.

Quilters & Needle Work – 1st Saturday of the month – 10:00 a.m. – 3:00 p.m.

Board Meeting – 2nd Tuesday of every month at 10:00 a.m.

Wii Bowling – Every Tuesday from 10:00-12:00 – Drop in.

Knitting Group – Meets every Friday of the month except the 3rd one from 11:00 a.m.– 1:00 p.m.

Yoga – Every Thursday at 10:00a.m.

McLaren- Nurses from McLaren will be here the first Wednesday of every month at 1p.m. to check blood pressures.

Computer Lessons –By appointment only. Call the senior center at 268-0096.

Kiwanis Club Euchre – Second Friday of the month. 6:30pm

Weaver's Study Group – Meets the third Saturday of the month from 10:00a.m.-12:00p.m.

Ingham County Genealogical Society – Second Thursday of the month at 7:00 p.m.